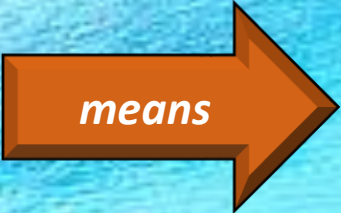




Idioms related to health and fitness



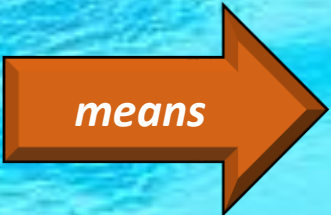
Back on your feet



Become healthy again after being ill



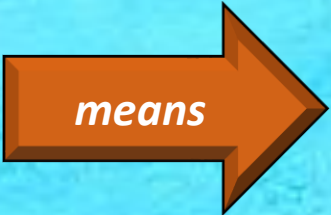
Couch potato



A lazy person who stays on the couch all the time without doing any exercises



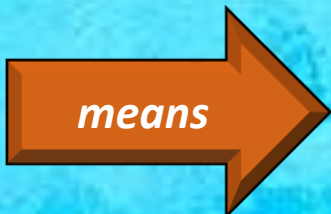
Black and blue



Has bad bruises



Out of breath



Difficulty breathing, usually after exercise

